

The 78th Fraser Highlanders
York Garrison
OFFICERS HANDBOOK

Issued 9/12/2014



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The 78th Fraser Highlanders
York Garrison
HANDBOOK FOR OFFICERS

Original Prepared - September 2002

This Handbook for Officers is dedicated to the memory of my

Memoirist Captain Donald Gordon Ritchie, OHG

by Lieutenant Colonel William Murray, OHG, HMM

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To All and Singular,
Greetings,

By these Presents, be it known that severe casualties have been suffered amongst the Officers of the Old 78th Fraser Highlanders, Second Highland Battalion of Foot. No less than sixty Gentlemen killed or wounded at Louisbourg in 1758, Montmorency and Quebec in 1759, Ste. Foy in 1760 and Newfoundland in 1762. In particular, at the Battle of the Plains of Abraham, where they faced the famous French Regiments of Languedoc and La Sarre, the 78th suffered heavier losses than any other British Regiment on the field.

The general account of the battle records that: "when the enemy had approached to within forty yards, the whole British Line poured in two general and destructive discharges of musketry. Thereupon, the Highlanders, taking to their broadswords, fell in among them with irresistible impetuosity and drove them back with great slaughter. Sadly, the Officers and Sergeants of the 78th in their Gold Braided Scarlet Jackets drew the fire of Canadian and Indian sharpshooters, concealed in the bush."

In consequence of this and other actions, and because of the constant threat of enemy attack and Indian raids, the Regiment requires some additional Officers and Volunteer Sergeants to bolster our Outposts of Empire and to repel sorties into our territories. Therefore, we have petitioned Lord Lovat through our Well Respected Colonel of the Regiment, J. Ralph Harper, O.B.E., T.D., Legion d'Honneur, Croix de Guerre, F.R.S.A., and have obtained permission to recruit Volunteer Sergeants and Officers in various parts of Canada. The Gentlemen to whom these Commissions and Enlistments are granted must be fortified of body and keen of mind, holding to the traditions and customs of the Highlands. They shall have the judgement and Sang Froid necessary to lead troops into battle against foreign invaders.

Given by my Hand and Armourial Seal:

Ross Osborne, U.E., K.L.J.
F.S.A. Scot., F.S.W.M. OHG
Lieutenant Colonel,
Commander of the Outposts

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Chapter 1

The Regiment

- 1.1 History
- 1.2 Battle Honours
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- 1.5 Aims and Objectives
- 1.6 The Outposts

1.1 History Of The Regiment

In Canada's story, the Fraser Highlanders have a uniquely romantic place. They were specially raised for service in Canada in 1757, fought in the major battles that determined Canada's history, and were disbanded while still in Canada in 1763. They were the first of the many red-coated settlers who played so large a part in the development of the Nation, and their descendants are still with us.

Colonel Simon Fraser, Master of Lovat raised the 78th Fraser Highlanders in 1757, under warrant from George II at the urging of Lord Chatham. They were recruited largely from Clansmen who only a dozen years earlier had fought for Bonnie Prince Charlie in the '45 Uprising. When someone in high authority questioned the wisdom of arming former rebels, General James Wolfe replied "If a highlander gives his Oath, he can be completely trusted."

In September of 1759, on the Plains of Abraham, they shared General Wolfe's day of glory. When General Wolfe was struck down, his body was carried from the battlefield in the plaid of a 78th Fraser Highlander.

There followed a bitter winter's siege of the City of Quebec, broken in April 1760 when the Frasers sallied out under the Command of General Murray, against the army of General de Levis.

In this venture, the Battle of Ste. Foy, they were unable to prevail, but inflicted such damage that de Levis was unable to recapture Quebec before the ice broke on the Saint Lawrence, and the British Fleet sailed to the rescue.

The 78th marched to Montreal in 1760 and, under the Command of General Murray they invested the City. On the 8th day of September 1760, the City capitulated, and the 78th marched in, followed by the 42nd Royal Highland Regiment and Montgomerie's Highlanders, who had arrived at Lachine under General Amherst.

Their final engagement was the recapture of St. John's, Newfoundland, on September 12, 1762.

When the Seven Years War was over, the Regiment was disbanded. The order was received December 1763, at Murray Bay on the lower Saint Lawrence. About 150 of the men accepted land grants and settled in the area.

Many married French girls and their descendants are numerous in Quebec

today, especially in the Fraserville or Riviere du Loup area. With the onset of the American Revolutionary War, The Master of Lovat, now Major-General Simon Fraser, raised 2,340 Highlanders who were formed into the 1st and 2nd Battalions of the 71st Regiment (Fraser's Highlanders). Concurrent with this, Lieutenant Colonel Allen Maclean, resident in Canada, raised the 1st and 2nd Battalions of the 84th Regiment (Royal Highland Emigrants). Many of the men who enlisted in the 84th had served in the 78th. Since that time, the Clan Fraser of Lovat has remained an active contributor to the British Army, raising the 15th Fencibles in 1792, the Lovat Scouts at the onset of the Boer War, and the No. 4 "Lovat's" Commandos in World War II. Lord Lovat, the immediate past Colonel-in-Chief of the 78th Fraser Highlanders, commanded the latter at Dieppe.

1.2 Battle Honours

The Old Fraser Highlanders 78th Regiment

- Raised in 1757 as The Second Highland Battalion Of Foot
- Battle of Louisbourg, June 1758
- Wintered in New York, 1758/59
- Montmorency and Beaufort Flats, July 1759
- Halifax, May 1759
- Battle for Quebec, September 1759 - August 1760
- Ste. Foy, April 1760
- Capture of Montreal, 1760
- St. John's, Newfoundland, 1762
- Quartered Quebec and Nova Scotia, 1759 - 1763
- Disbanded December 1763 in Canada

Motto: 'Je Suis Prest' (I Am Ready)

War Cry: "Caistal Dhuri" (Castle Downie)

Regimental March: Spoidsearachd Mhic Shimidh (Lovat's March)

Strength - May 1758* 82 Officers, 65 Sergeants, 30 Pipers and Drummers, 1,365 Other Ranks

Total All Ranks - 1,542

* These figures include reinforcements and are an increase over the authorization in the Royal Warrant of 14 January, 1757.

1.3 Colours of the Regiment

The 78th Fraser Highlanders have two Colours.

The King's Colours, comprises the Union Flag with the cross of St. George and the saltire of St. Andrew, conjoined (1707-1801). In the center is the Regiment's number 78, in golden Roman numerals (LXXVIII), below which is

Regt, all surrounded by a wreath of red roses and purple thistles emanating from the same stalk.

The Regimental Colours, comprises the aforementioned Union Jack in canton (top corner next to the staff) on a flag of the regiment's facing colour, buff. In the center is the same number and wreath as found in the King's Colours.

Both Colours are 6' 6" at the staff and 6' 6" in the fly, mounted on a staff of 9' 10" including finial and ferrule, surmounted by gold cords and tassels.

1.4 Re-Raising of the Regiment

When preparations were being made in Montreal for EXPO '67, the Montreal Military & Maritime Museum revived two historic Regiments: La Compagnie Franche de la Marine, and the 78th Fraser Highlanders. The ranks were filled with college students, and the two corps paraded daily all summer long at the Old Fort, St. Helen's Island, Montreal. This exhibition of living history was watched by tens of thousands of visitors, and became so popular that it has been continued every summer since. Indeed, the Drill Company has visited several Canadian and U.S. cities to demonstrate its piping, drilling and battle formation skills. It has been distinguished by being selected as Guard of Honour to H.M. Queen Elizabeth the Second on three occasions.

1.5 Aims and Objectives of the Regiment

To preserve the memory of the Fraser Highlanders, their Commanders, Comrades-in-Arms, and their Adversaries.

To research and support research on the British Army of the 18th century, especially Scottish Regiments in Foreign Service, and particularly the Old 78th - their traditions, tactics, equipment, social and political backgrounds, etc.

To bring this information to life through the activities of its Officers throughout its outposts, and through other activities such as Regimental Dinners, Drill Companies, Public Appearances, Highland Games, Tattoos, Etc.

To foster in the officers selected for the Garrisons:

- A strong sense of honour, co-operation, good manners and discipline.
- Respect for the courage, military traditions and history of the troops who fought with valour and helped form the military traditions of North America.
- To recruit Volunteer Sergeants who will take an active part in the life of the Regiment, financially, socially and in historical study.
- To draw in association with the Regimental family, descendants of the original Fraser Highlanders.
- To foster in all ranks of the Regiment a sense of pride in the unit and of its traditions, and a desire to serve their Sovereign, country, and society in a manner befitting the courage and dedication of the original Regiment.

1.6 The Outposts of the Regiment

In the mid-1970's, at the suggestion of Lieutenant-Colonel Osborne, the Colonel of the Regiment, approved the formation of Outposts in other parts of Canada, with a view to supplementing Regimental income.

Consequently, the Regiment re-instituted the 18th century tradition of allowing Commissions to be purchased by suitable and interested candidates. Accordingly, in 1976, the first twelve Officers of the Outposts were Commissioned. By late 1977, all of the Commissions available, equal to the Officer establishment of the Regiment in 1758, had been purchased by gentlemen from all parts of Canada. Certain enthusiastic gentlemen living abroad, in countries as diverse as the United States, Denmark and Great Britain, were also inducted.

The tide of volunteers, however, refused to be stemmed and so, to accommodate these gentlemen and further add to the exchequer, the rank of Volunteer Sergeant was reinstated, a rank currently held by a large percentage of the men in the Outposts. For, in fact, this was not an N.C.O. appointment, as we know it, but a "holding rank" for potential Officers awaiting a vacancy in the Commissioned Officer Cadre. These gentlemen were allowed to bring along their servants and horses. This practice is kept alive in the 78th today, although there has so far been little press of servants and/or horses at Outpost gatherings.

An Outpost has up to fifteen Officers and Volunteer Sergeants, and is Commanded by a Captain.

Once this number has been exceeded, the Outpost is eligible to be designated as a Garrison, on written application to the Colonel-Commandant. Once received it can be commanded by a Major, should have its own Charitable Tax or trust arrangement, and have established a project of some kind.

Outposts and Garrisons

Quebec City

St Andrew's Garrison

Montreal

Fort St. Helene Garrison

Ottawa

Fort Glengarry Garrison

Toronto

York Garrison

Kitchener

Fort Conestoga Garrison

Winnipeg

Fort Garry Garrison

Calgary

Fort Calgary Garrison

Vancouver

Fort Fraser Garrison

Georgia

Fort New Inverness Garrison

Washington

Fort Vancouver Outpost

Chapter 2

York Garrison

- 2.1 History of York Garrison**
- 2.2 Aims and Objectives**
- 2.3 Command Group**
- 2.4 Muster Roll**
- 2.5 York Garrison Post Nominals**

2.1 History Of York Garrison

In the beginning, York Garrison was made up of a group of gentlemen who believed in the aims of the 78th Fraser Highlanders, and supported these aims by purchasing commissions, and paying subventions on a yearly basis, to support the activities of Headquarters at Fort Ste. Helene, Montreal. These gentlemen met once a year or so at a Regimental Dinner and enjoyed meeting with peers in a mainly social gathering.

Fort York Garrison, subsequently called York Garrison, was raised in 1972 and was the first Outpost to have a Command Structure.

In the beginning, Colonel J. Ross Osborne “captured” Donald E.M. Schaefer and appointed him Recruitment Officer for Fort York Garrison.

Ronald M. Walker joined and became the first Officer Commanding; he could recite Robert Burns’ immortal Address to the Haggis, from memory.

Geoffrey Burns joined and took over as officer in charge of the Honourable Guard and dress code, completing the command threesome.

During the years 1973, 1974 and 1975 many hours were spent at the Royal Canadian Military Institute. Recruiting continued and many of the early recruits came from curling associates of Don Schaefer.

Work continued diligently on the dress code and it was finally approved.

The Honourable Guard was recruited and trained.

With legal assistance a charitable foundation was structured and approved.

The first Regimental Mess Dinner was held at The National Club to commemorate the Battle of Ste. Foye.

On September 29, 1978 the first Milady was inducted into the Garrison at a Regimental Mess Dinner. Milady Sandra Hood was officially attached to the Garrison “in absentia.”

In subsequent years, in addition to supporting the Headquarters at Fort Ste. Helene, there developed a field company, an Honourable Guard, the 78th Fraser Highlanders Pipe Band, and a Student Militia Company operating out of Old Fort York and Black Creek Pioneer Village.

Colonel Osborne and Colonel Schaefer went on to raise Outposts in Ottawa, Winnipeg, Calgary and Vancouver.

Since that time York Garrison has become the leading Garrison in the Regiment, under the leadership of many fine Officers Commanding.

2.2 Aims and Objectives of York Garrison

To promote public knowledge of Canadian Military history during the period prior to Confederation, which, without limiting the generality of such object, will have particular reference to The 78th Fraser Highlanders and La Compagnie Franche de la Marine during the early history of Lower Canada.

To collect for public viewing in the Province of Ontario, historical memorabilia and to work in conjunction with historical societies in establishing and maintaining for public use a military museum and library.

To encourage Canadian youth in the appreciation of, and participation in the finest Scottish military traditions. Such objectives are to be educational and develop morale, esprit de corps and physical fitness.

To recruit persons in Canada for a regimental unit based in the Province of Ontario and be known as The 78th Fraser Highlanders, York Garrison. To outfit such persons in historical accoutrements and weapons and to train them in military disciplines including: marching and field maneuvers, musket shooting, bayonet and sword drills, sentry duty, the mounting of Honour Guards and the playing of an appropriate role in military parades and historical pageantry.

To accept donations, gifts, legacies and bequests given to assist in the carrying out of any or all of the foregoing objectives.

To give donations to worthy organizations whose work is consistent with the aims and objectives of York Garrison.

2.3 Command Group of York Garrison

The volunteer members of the Command Group meet to look after the business of running York Garrison on a monthly basis

Officer Commanding (OC)

The OC is the officer in Command of the Garrison. He is also president of the non-profit corporation. As senior officer in the Garrison, it is his task to ensure that the organization is fulfilling its stated objectives and that the officers of The Command Group are carrying out their respective tasks effectively.

Second-in-Command (2IC)

The 2IC assists the OC with the considerable task of running the Garrison, and is often involved with special projects. The 2IC is always ready to replace the OC should he fall in battle or succeed him when he retires. He is also the Vice-President of the non-profit corporation.

Adjutant

The Adjutant assists the Officer Commanding in the details of running York Garrison. The adjutant is responsible for maintaining the Muster Roll, the roster of active officers in York Garrison and their contact information. The Adjutant is also the secretary of the corporation, and as such keeps the minutes at the Command Group and Annual General Meeting.

Financial Officer (FO)

The FO is responsible for looking after the Garrison's finances. He maintains the Garrison's receivables and payables and prepares regular financial statements for review and is a Director of the corporation.

President of the Mess Committee (PMC)

The PMC is responsible for preparing the calendar of Garrison events and for recruiting able assistants to help organize all relevant details. At the events, he is the Officer in charge, subject to the guidance of the Officer Commanding.

Captain of the Honourable Guard & Field Units

The Captain of the Honourable Guard & Field Units is responsible for training officers of the Garrison in basic drill as well as training and commanding the elite officers of the Honourable Guard. As such, he organizes and commands the Honourable Guard at all public duties and appearances.

Second-in-Command of the Honourable Guard & Field Units

This officer shares the considerable burden of the Captain of the Honourable Guard & Field Units and pays special attention to the training and command of another of our field units, the York Garrison Musket Squad.

Quartermaster (QM)

The Quartermaster is responsible for the store of items that belong to the garrison, such as muskets, pontoons, etc. The QM is also responsible for the Garrison's kit shop, a store of highly sought after items available to the officers. The QM also helps officers source other items that they need to complete their dress uniforms.

Communications Officer

The Communications Officer is responsible for publishing the Communiqué, the excellent periodical received by all officers in the Garrison.

Public Relations Officer

The Public Relations Officer is responsible for spreading the message of our Regiment to all interested parties in the community. He will use his skills as a goodwill ambassador to ensure that our aims, objectives and good charitable work is fully understood and appreciated.

Military Liaison Officer

The Military Liaison Officer is someone with strong military experience, who helps maintain the historical military accuracy of Garrison life. This officer also helps coordinate activities and programs with other military organizations and societies.

Liaison Officer - School & Societies

The School & Societies Liaison Officer promotes the history of the 78th Fraser Highlanders in a variety of ways, and in particular through presentations at schools.

Recruitment Officer

The Recruitment Officer is responsible for processing recruitment and promotion applications and for coordinating all relevant activities leading up to the induction ceremony.

Archivist

The Archivist maintains and safeguards the archives of York Garrison.

Padre

The Padre has oversight on all matters of faith and is God's representative within the life of the Garrison. He is available for Church Parades and other official functions as well as weddings, funerals and pastoral care when required. As a duly recognized Officer of the Garrison, he may carry a Crozier in a parade of the Garrison whilst in full dress uniform (Scarlets). The Padre will not salute, or use the Crozier in any manner other than carrying it.

Protocol Officer

The Protocol Officer has oversight on all matters concerning protocol, within the Garrison, dealing with headquarters and all other outside individuals and parties. The PO responds to requests by members of York Garrison concerning the correct and approved way of doing things.

2.4 Muster Roll

Introduction

One of the duties of the Command Group is to maintain the Muster Roll. At regular intervals official copies will be printed and distributed to Officers of York Garrison. This is much like a membership roster in that it contains contact information for all active Officers and Miladies as well as other current information.

Muster Roll Conventions

The following conventions have been agreed upon as those to be applied in the drafting of entries for the Muster Roll. Such conventions may not be departed from without express authorization from the Command Group.

2.4.1. 78th Fraser Highlanders Post-Nominals

2.4.1.1 Post-nominals exclusive to the 78th Fraser Highlanders are placed on the same line as the member's name and are the only post-nominals allowed on that line.

2.4.1.2 Such post-nominals, to the extent applicable, are to be listed in the following order, namely: GBM, HMH, OHG, MSM

2.4.2. Office(s) Held in the York Garrison, 78th Fraser Highlanders

2.4.2.1 Any office held by a member in the York Garrison of the 78th Fraser Highlanders (such as, for instance, Officer Commanding or Finance Officer or Adjutant or Quartermaster) is to be set on the line beneath the member's name.

2.4.2.2 If the member holds more than one such office, they are to be listed one beneath the other.

2.4.3. Excluded Post-Nominals

- 2.4.3.1 Because of limitations on the available space and the requirements of consistency and equal treatment, the post-nominals specified below are to be excluded from any Muster Roll entry:
- 2.4.3.2 Post-nominals identifying a degree or certificate conferred by a university or other educational institution (such as, for instance, BA, BSc, MBA, LL.B. Ph.D., Hon. LL.D., etc);
- 2.4.3.3 Post-nominals conferred equally upon all members of a professional, trade, or scientific or other occupational group or organization (such as, for instance, CA, FCA, MD, DDS, FRSC, RN, JP, MPP, P.Eng., etc.).

2.4.4. Permitted Post-Nominals

- 2.4.4.1 Post-nominals, other than those that have been dealt with earlier (i.e. post-nominals exclusive to the 78th Fraser Highlanders and excluded post-nominals), are to be listed on the line beneath the member's office(s) in the York Garrison or, if there are none, on the line beneath the member's name.
- 2.4.4.2 Permitted post-nominals are to be listed in the order of the following categories and, within each category, in order of seniority:
 - (a) Federal post-nominals, such as, for instance, OC, CM, MMM, OStJ and CD;
 - (b) Provincial post-nominals, such as, for instance, O.Ont;
 - (c) Foreign post-nominals, representing foreign Orders or medals the grant of which has been published in the Canada Gazette such as, for instance, OM (Poland) and CLII (Belgium);
 - (d) Canadian post-nominals not recognized by the Government of Canada, such as, for instance, KCLJ, DLJ, OMLJ (St. Lazarus) and KCStG (St. George);
 - (e) Foreign post-nominals representing foreign Orders or

medals not recognized by the Government of Canada, such as, for instance,
KM (Malta), KStG (St. Gregory) and KOMT (Teutonic)

(f) the post-nominals “Q.C.”, where applicable, are placed at the end of a list of permitted post-nominals as a matter of convenience and consistency even though, in some cases, that is a technically-incorrect placement.

2.4.5. The “Surgeon” Prefix

2.4.5.1 In accordance with long-standing Army tradition, members whose profession entitles them to the post-nominals MD or DDS are entitled to precede their rank by the word “Surgeon” such as, for instance, “Surgeon Lieutenant”.

2.4.6. Roll of Miladies

2.4.6.1 The foregoing conventions apply equally to the roll of Miladies.

2.5 York Garrison Post Nominals

York Garrison issues the following post nominals to worthy members.

GBM Garrison Benefactor Medal

This medal is awarded to officers who have provided exceptional financial assistance to the garrison.

HMH Honourable Company of Henchmen

This post nominal is awarded to officers who are members of the Honourable Company of Henchmen.

OHG Honourable Guard

This post nominal is awarded to officers who are members of the Honourable Guard.

MSM Meritorious Service Medal

This medal is awarded to officers who have provided exceptional service to the garrison.

Chapter 3

Recruitment

- 3.1 Inductions**
- 3.2 Field Promotions**
- 3.3 Subventions**
- 3.4 Miladies**

3.1 Inductions

A gentleman may request permission to attach himself to the Regiment by completing the prescribed documents, submitting these to the Garrison Recruitment Officer, and being interviewed by a senior officer of the Garrison, who will determine his suitability for induction.

A gentleman may be inducted as a Volunteer Sergeant. In York Garrison induction will take place at the Regimental Dinner following a gentleman's attachment to the Regiment.

3.2 Field Promotions

Field promotions may be achieved as follows:

- By recruiting two gentlemen as Volunteer Sergeants. This is limited to one promotion per year up to the rank of Lieutenant.
- By serving on the Command Group of the Garrison.
- By exceptional service to the Regiment or Garrison.
- At the discretion of the Officer Commanding

Ranks:

Volunteer Sergeant
Ensign
Lieutenant
Acting Captain
Captain Lieutenant
Captain
Major

In certain Outposts, Ranks above that of Captain exists. Such promotions are made by recommendation through the Commander of Outposts to the Colonel of the Regiment.

It has been tradition that past Officer's Commanding assume the rank of Lieutenant-Colonel.

As was the practice in the 18th Century...and when York Garrison was formed in 1972...members in good standing have the option of obtaining a higher rank by making a financial contribution to the Garrison.

The following guidelines have been established to recognize such donations:

Ensign

In recognition of a donation of at least \$1,500

Lieutenant

In recognition of a donation of at least \$2,500

Captain Lieutenant

In recognition of a donation of at least \$5,000

Honourary Lieutenant-Colonel

In recognition of a donation of at least \$10,000

Note: Officers who currently hold a rank above Volunteer-Sergeant can move up one or more ranks by donating the difference between their current rank and their desired rank.

3.3 Subventions

Officers

Upon swearing allegiance and acceptance into the Garrison, an officer will pay an initial subvention. For this the officer will receive at his induction:

- A commission and certificate as a Volunteer Sergeant
- A cypher tie
- A copy of Col. J.R. Harper's "The Fraser Highlanders"
- A copy of Garrison Protocol
- A copy of the Officer's Handbook
- A copy of the Muster Roll
- A Regimental Blazer Crest

Subventions are the same for all ranks. The current annual subventions are reflected at the back of this handbook in Attachment A:

Musket Squad:

Upon acceptance into the Squad, a member will pay an initial subvention as reflected in Attachment A. For this the member will receive:

- A copy of Colonel J.R. Harper's "The Fraser Highlanders"
- A Lapel Pin
- The King's Shilling
- A Certificate

3.4 Miladies

Our Regiment encourages the attachment of Ladies as Regimental Associates. She will normally be the wife or companion of an officer, although unassociated ladies may be attached.

Upon acceptance of the lady into the Garrison, induction as a milady will take place at a Regimental Dining-In.

A Milady will pay an initial subvention fee as reflected in Attachment A. For this the Milady will receive:

- A Regimental Brooch
- A plaid sash
- A certificate

There is no current annual subvention at this time.

Chapter 4

Dress Regulations

- 4.1 Regimental Scarlets
- 4.2 Regimental Mess Kit
- 4.3 Highland Evening Dress
- 4.4 Blazer Order
- 4.5 Miladies
- 4.6 Drill Dress

4.1 Regimental Scarlets

No. 1 Dress:

To be worn while on duty at official Fraser functions, civilian functions or on parade.

- Bonnet With red band – worn horizontally with its fullness pulled forward and to the right.
- Hackle Worn on the Bonnet, starting behind the Cockade lying towards the Tourie.
- Shirt
- Stock
- Tunic
- Waistcoat
- Kilt
- Plaid
- Sash Worn over the left shoulder, covering the button of the
- Plaid, passing over the Baldric at the front and back.
- Sporrans Dress Sporrans
- Hose Red and white diced with no turn down – worn straight, without dice twisting.
- Hose Ties Plain dark red ribbon, worn outside the hose and tied in a Scottish knot on the outside of the leg.
- Shoes Black with brass buckle.
- Aiguillette Worn over the right shoulder with braided loop inside the arm and single loops outside.
- Waistbelt Black with brass buckle.
- Pistolbelt Optional
- Baldric Black with brass buckle, worn from the right shoulder
- passing under the sash at the front and under the plaid and sash at the back.
- Scabbard/Sword Worn on the left side, slightly to the rear of the left hip.
- Spontoons
- Dirk
- Pistol Optional

NOTE: Awards, decorations, medals and kilt pins are never to be worn on Scarlets.

No. 2 Dress:

To be worn while not on duty – at Fraser functions – or civilian functions, where we are invited to represent the 78th Fraser Highlanders. Not for military functions of other units, see No. 3 Dress below)

As above, except without: Plaid, Baldric, Sword, Scabbard or Spontoon

NOTE: At the discretion of the Officer Commanding, the plaid may be worn.

Officers should discuss the acquisition of Regimental Scarlets with the Officer Commanding the Garrison prior to starting. It is not necessary to acquire the entire uniform at one time.

4.2 Regimental Mess Kit**No. 3 Dress:**

To be worn at Fraser functions or military functions of other units.

- Bonnet With red band – worn horizontally with its fullness pulled forward and to the right.
- Hackle Worn on the Bonnet, starting behind the Cockade lying towards the Tourie.
- Shirt or... Jabot & Cuffs
- Jacket Prince Charlie & Waistcoat or Sheriffmuir Doublet
- Kilt or... Tartan Trews
- Sporrans
- Hose Red and white diced with no turn down and dark ribbon ties. Optional: white with tartan hose flashes.
- Shoes Black dress with brass buckle or Gillie brogues.
- Aiguillette Optional - worn over the right shoulder with braided loop inside the arm and single loops outside.
- Dirk

NOTE: Badges of rank will be worn only with the permission of the Officer Commanding the Garrison. Officers should discuss the acquisition of the Regimental Mess Kit with the Officer Commanding the Garrison prior to starting. It is not necessary to acquire the entire kit at one time.

4.3 Highland Evening Dress

Several alternatives exist to the Regimental Mess Kit as acceptable dress for a Regimental Dinner or other formal occasion.

- Kilt with Prince Charlie jacket and waistcoat, or dress regulation doublet are two options.
- Cummerbunds and bow ties in Regimental Tartan can be used to add colour to a black tuxedo.

Officers should address any questions they have concerning acceptable dress to the Officer Commanding the Garrison.

4.4 Blazer Order

Blazer Single or double breasted in dark blue or black.

Cypher The official 78th Fraser Highlanders crest is to be worn on the left breast pocket of the blazer.

Waistcoat Not a requirement, but may be worn by Officers and Volunteer Sergeants in the official Regimental Tartan.

Grey Flannels Grey flannels are to be worn with blazer

Tie Cypher blue ties in with the 78th Crest are to be worn by all ranks. Tartan ties in the Regimental Tartan may also be worn. OHG ties for Officers in the HG only.

NOTE: Kilts are not to worn with blazers

4.5 Miladies

Day Dress

Milady's Brooch

Miladies' preference, but guided by the formality of the occasion.

Mess Dress

Evening Dress

Regimental Tartan Sash to be worn on the left shoulder

Milady's Brooch

4.6 Drill Dress

While the following is the recommended Drill Dress, new officers are encouraged to attend drill in smart casual or business attire.

Bonnet With red band – worn horizontally with its fullness pulled forward and to the right.

Hackle Worn on the Bonnet, starting behind the Cockade lying towards the Tourie.

Military Shirt Khaki shirt with cover pockets and Fraser epaulettes, or with Green

Military Sweater with Fraser epaulettes.

Kilt

Day Sporrans

Waistbelt Black with brass buckle.

Lovat Green Hose 78th Fraser Tartan garters

Shoes Black dress with brass buckle.

Baldric Black with brass buckle, worn from the right

Scabbard/Sword Worn on the left side, slightly to the rear of the left hip.

Spontoons

Chapter 5

The Mess

- 5.1 Purpose of The Mess
- 5.2 President of The Mess
- 5.3 Mess Committee
- 5.4 Entering The Mess
- 5.5 Dress in The Mess
- 5.6 York Garrison Mess Coin
- 5.7 Behaviour in The Mess
- 5.8 OC in The Mess
- 5.9 Mess Visitors
- 5.10 Punctuality in The Mess
- 5.11 Types of Mess Functions
- 5.12 The Regimental Mess Dinner

5.1 Purpose of the Mess

The Mess is intended to provide a balance to the training side of an Officer's life. It is therefore not only a club but the centre of the Garrison social life.

The generally accepted objectives of the Mess are:

- To cultivate and preserve Regimental tradition.
- To promote good fellowship and esprit-de-corps among officers and guests.
- To provide an environment for the future development (recruitment) of the Regiment.

5.2 President of the Mess Committee

The PMC is appointed by the OC and is responsible for the development, planning, and proper execution of all social functions in the Garrison.

The PMC will establish a calendar of functions for each year (September to June).

All functions will be operated on a fiscally sound basis.

The PMC will co-ordinate with any committees, groups or units within the Garrison with regard to special functions or aspects of programming for specific functions.

The PMC, with assistance from the Garrison Adjutant, will be responsible for the observance of protocol at all Garrison messing functions.

The PMC is responsible for the proper notification of functions hosted and/or operated by the Garrison. These notifications are to be in a standard written form and sent out as much in advance of the event as possible. Telephone follow-up procedures may be necessary and these are the responsibility of the PMC and his committee.

5.3 Mess Committee

The Mess Committee is appointed by the PMC and will assist the PMC in the management of the Mess.

5.4 Entering the Mess

In the 78th Fraser Highlanders it is a tradition to come to attention when entering the main room of the Officer's Mess. This is a long standing tradition and one shared by other Highland Regiments. It is normally done out of respect for the Colours which reside in the Mess.

When entering the Mess for the first time, stand to attention facing the Colours and the portrait of Her Majesty and then enter the Mess.

When leaving the Mess for the last time, stop at the doorway and turn clockwise (right about face), stand to attention facing the Colours and the portrait of Her Majesty, right about face again and leave the Mess.

5.5 Dress in the Mess

The specific Dress required for each function will be covered by the PMC in Notices of Functions which are sent out.

See Chapter 5 for Dress Regulations.

5.6 York Garrison Mess Coin

York Garrison carries on the centuries-old tradition of the "Challenge Coin". All Officers in York Garrison will be issued their own individually numbered York Garrison Coin (a nominal donation to the Garrison is appropriate – e.g. \$25).

Officers are expected to carry their coin to all garrison mess events. An Officer may "challenge" or be "challenged" by any other Officer at these events. To issue a challenge an officer produces his coin and can either raise it in the air and state his intention to challenge, or simply lay it down on the bar. If the officer being challenged cannot produce his own coin, he must buy the challenging officer a drink. If he is able to produce his coin, then the challenging officer must buy him a drink. It's an excellent opportunity to practice our motto, "Je suis prest"!

5.7 Behaviour in the Mess

By his behaviour and general conduct in his Mess and those of other Units, an Officer can bring credit or discredit upon himself or upon the Regiment. Govern yourself accordingly.

5.8 Officer Commanding in the Mess

When the Officer Commanding, or any officer of corresponding rank, enters the Mess and you are seated, always stand up immediately. The OC will usually say "Don't get up gentlemen", but your gesture is indicative of a high standard of discipline and good manners.

5.9 Mess Visitors

It is of prime importance to make all visitors feel at home in the Mess, as any visitor may be a potential recruit.

5.10 Punctuality in the Mess

Officers and their guests must be punctual on all occasions. Nothing disorganizes the efficient functioning of the Mess more than Officers who are late.

Officers should arrive 10-15 minutes early for any function in the Mess.

Officers are reminded that it is as serious to be late for a Mess function as it is to arrive late for a parade on the parade square.

5.11 Types Of Mess Functions

There are three principal types of Mess functions.

Toss 0'The Quaich

This is the least formal of Mess functions, both in Dress and Protocol.

Regimental Mess Dinner

This is the most formal of Mess functions, both in Dress and Protocol and is open to officers and their male guests.

Dining-In (Mixed Dinner)

This is not a Regimental Mess Dinner. It may be formal in Dress, but is set apart from other functions because Miladies are invited.

Unless otherwise indicated, guests are always invited. If in doubt check with the PMC.

The Regimental Mess Dinner

The 78th of old may have had only one formal Officer's Mess Dinner, and that dinner may have been held in Montreal on September 9th, 1760. It can be assumed that early forms of Mess Protocol were simply extensions of existing proper social customs of the Officer Class. Over time they developed into Mess Traditions, some by design, some by accident.

Most of the Mess Protocol employed in the Mess today evolved during the reign of Queen Victoria and has evolved from there. The 78th, with no recorded Protocol, has adopted and modified Protocol used by other Highland Regiments and they have now become our traditions.

Cocktails and Induction of Officers

Cocktails will precede the dinner. The PMC will meet the OC and the senior guests at the entrance.

The PMC will notify the Adjutant when it is time for Inductions. The Adjutant will direct proceedings for the Induction of Officers and Promotions. Officers and guests are expected to remain silent during the ceremonies. Upon acceptance into the Garrison, the OC will use his Dirk to tap each new recruit once on the left shoulder. Following Inductions, the Colours and Sword of Honour will be moved into the dining room and the Adjutant will turn the proceedings back to the PMC.

A 10 minute call by the PMC, will notify the diners that they have 10 minutes to finish their drinks and “Ease Springs”.

A call by the Piper will notify the diners that they should make ready to proceed into the dining room (the Head Table will remain behind). Drinks are not to be taken into the dining room. Diners will proceed to their places and remain standing while the Piper leads in the Head Table. By tradition, guests should be seated to the Officer’s left, but when an Officer is hosting a group of guests, it is considered polite to have some guests sit across the table from the Officer to facilitate conversation.

Dinner

After the Head Table has entered the dining room, the PMC will request the Padre or other designated officer to say grace. After grace everyone will be seated. Wherever possible, dining tables will be set up in long rows, in military mess tradition.

Leaving the Room

No one is to leave the room until after the Loyal (Royal) Toast which by tradition comes at the end of the meal. If an Officer or guest finds it necessary to leave the room, he will first obtain permission from the PMC. The PMC will appoint someone to serve as “Mr. Vice” for the evening, he will be on the lookout for such breaches of protocol.

Serving of Port

At the conclusion of the dinner the serving staff will clear the table prior to the serving of the port.

Port will normally be served for toasts, and at the discretion of the PMC, the Port protocol may be observed. Port decanters are handed to the person at the end of each table, who receives it with his right hand, serves himself with his right hand, and passes it around the table “clockwise”. The port decanter is handled only by the right hand and the decanter is not permitted to touch the table until all glasses are charged. If you empty a decanter, you should stand and say, “Mr. PMC, Permission to Pass Off”. Mr. PMC will say “Permission Granted”, and a serving person will supply you with a charged decanter. When the decanter has made its way around the table, the last person served should stand and say “Mr. PMC, Permission to Set Down”. Mr. PMC will say “Permission Granted”.

Never drink from your glass until the first toast.

The Toasts

The PMC will establish the toasts prior to the dinner and they will be printed in the program. All toasters will have been informed prior to the dinner and given time to prepare their thoughts. The PMC will introduce each toaster who will come forward and speak from the podium. Once the toast has been given, everyone will stand, raise their glass and hold it out as the Piper plays a bar. Then everyone will repeat the toast (i.e. "The Queen"), take a sip and sit down.

The Loyal Toast

The Queen's health may be drunk with port or water. Military tradition dictates that the PMC stand and say, "Mr. Vice, The Queen". Mr. Vice will then stand and say, "Gentlemen, To the Queen".

The Colonel-in-Chief

This toast usually salutes the current Lord Lovat and brings news of his well being, but on occasion, salutes to past Colonels do provide interesting glimpses of our history.

The Fallen

This is a silent and seated toast. Once the toast has been given, all will hold out their glass as the Piper plays a bar, and then take a sip in silence. The words "The Fallen" or "Absent Friends" will not be repeated.

The Regiment and the Garrison

These toasts may be called for, with "Full Highland Honours", in which case everyone will stand with their left foot on their chair, place their right foot on the table, and repeat the toast.

NOTE: The PMC will have arranged for all female serving staff to leave the room prior to this toast.

Introduction of Guests

The PMC will call for the introduction of guests, commencing in a clockwise direction from the Head Table. Officers will be asked to stand, introduce themselves first and then their guests. Finally, the members of the Head Table will introduce their guests, commencing with the OC.

OC's Comments

The OC will bring his greetings and apprise Officers and guests of items of interest and current goings on in the Garrison.

Breaches of Protocol

At the discretion of the PMC, breaches in protocol may be pointed out. Be prepared for weak excuses and impassioned pleas for leniency.

Passing the Snuff

The PMC will call on the Officers appointed to pass snuff (often the new recruits from that evening), who will rise and halt in front of the OC and say, "Permission to Pass Snuff, Sir". The OC will grant permission, and the Officers will pick up the Snuff Mulls and proceed to pass the snuff. Snuff is first passed to the Head Table, beginning with the OC. It is then passed to the rest of the room, moving in a clockwise direction. Snuff is always offered at the left shoulder. When snuff has been passed to everyone, the Officers will return and take up their positions in front of the OC. They will stand to attention and say, "Permission to Take Snuff, Sir". The OC will grant permission, snuff will be taken and the Officers will return to their places.

Salute to the Piper

This final toast is between the Piper and the OC. The PMC will call for the Piper to parade before the group. He will normally play a medley of tunes, finally halting in front of the OC. When the Piper has finished playing, the OC will stand, take the Quaich from the table and say, "Schlange Bonnie Piobaireachd". He will drink from the Quaich and then hand it to the Piper. The Piper will say "Schlange", drink from the Quaich and return it to the table in front of the OC. The Piper will then play himself out of the room.

End of Dinner

The PMC will ask the OC for permission to "Stand Down". The OC will grant permission and the PMC will announce that the dinner is over and that the bar is open. Everyone will stand as the Piper leads the Head Table out of the room.

Dining-In (Mixed Dinner)

The following represent some variances from the Regimental Mess Dinner scenario:

- The seating plan will have, where possible, a lady seated on the Officers right.
- The Loyal Toast will be given at the beginning of the dinner following the Grace, allowing persons to leave the room without permission.
- Port will normally be served for toasts, but the Port protocol will not be observed.
- A Toast to the Miladies will be given.
- No toasts will be called for with "Full Highland Honours".
- Breaches in protocol will not be pointed out.; No snuff will be passed.

Chapter 6

The Honourable Guard

6.1 Function

6.2 Training

6.3 Musket Squad

6.1 Function of the Honourable Guard

The Honourable Guard is a body of men recruited from the Garrison who have an interest and are willing to train in the various Foot, Sword and Spontoon Drills, as well as the protocol of soldiering in the 18th century.

The Honourable Guard parades, by invitation of organizations, at State, Ceremonial and Social events, providing Escorts and Honour Guards for persons of note.

Officers of the Honourable Guard should be willing to equip themselves with a Full Dress Uniform and Equipment, and be prepared to turn out, at their own expense, when requested to do so.

Once they have mastered the drill and passed the required test on the history of the Regiment, they will be inducted by The Captain of The Honourable Guard. From that point on they will carry the designation "OHG", which will appear behind their name, and they will be entitled to wear the official "gorgette."

6.2 Training

Training for the Honourable Guard is usually held once a month or on the call of the Captain of the Guard. There is no training during the summer months unless a specific duty is called for. Although training is mandatory as an Officer of the Honourable Guard, all Officers of the Garrison are encouraged to learn the basic foot drills and to learn the history of the Regiment.

Full training is open to all Officers of the Garrison if they want to fall into any of the following three categories:

1. As Officers of the Honourable Guard
2. As Officers who having full dress uniform, could turn out when called upon.
3. As Officers who are interested in 18th century drills

6.3 Musket Squad

The 78th Fraser Highlanders, York Garrison, Musket Squad parades with the Brown Bess musket. This weapon holds the record for being the longest used firearm in British history, more than 150 years. The drill sequence was taken from a 1757 manual entitled "The New Highland Military Discipline" by George Grant. It is an elegant drill which has the soldier load and fire his musket in 27 movements. Verbal orders could also be replaced by drum beats, where reloading is performed with only the final orders being given to fire.

Chapter 7

The Company of Henchmen

The mandate of the Company of the Henchmen is to provide an opportunity for a select group of Officers to support the Garrison spiritually, physically and financially. This group will be selected from those Officers who, for their own reasons, do not find an appeal in serving in the Command Group or the Field Units, yet who would like to take, and be seen to take, an active role in furthering the aims and objectives of the Garrison.

Chapter 8

Quartermaster Stores

The Quartermaster has the responsibility for keeping stock on hand, sourcing new products and handling the sale and restocking of inventory.

These responsibilities include stocking and sourcing items of uniform and accoutrement for the Honourable Guard.

The Quartermaster will also maintain an inventory of various items that bear the Regimental Cypher, or have an interest to Officers of the Garrison.

The Quartermaster will make available to Officers the sources from where items can be purchased if these are not available from Garrison Stores.

From time to time the Quartermaster will issue a list of items available from Garrison Stores with the current prices. The Quartermaster's stores are available on the York Garrison web site. It is the responsibility of the Quartermaster to see to it that the information concerning the QM's stores is complete and up to date.

Chapter 9

Garrison Life

Garrison Life is a mix of social, pageantry, escort duty and educational activities. Our Officers of the Honourable Guard have appeared at many events, often escorting dignitaries ranging from members of the Royal Family to Lieutenant Governors to local officials. At each of these events, members of the Garrison attended and on occasion marched in blazer order with the Honourable Guard. Visits by our Colonel-in-Chief and Change of Command ceremonies are occasions for parading, dining and good fellowship. Our Miladies and friends attend many of these events.

Sadder occasions such as the funerals of Officers and friends of the Garrison rallied many of our number in demonstrations of support and expressions of sympathy.

On the other side of the coin we are found participating in Wine Festivals, Heritage Days and visits to speak to schools and other community groups.

We have taken part in the openings of exhibitions, world wide broadcast sporting events, concerts, civic receptions and highland games to name but a few. Christmas carol singing evenings with our friends and family and church parades are also part of our Garrison life.

Whatever the occasion, it is an opportunity for Officers to bring friends and family to share in the warmth of our fellowship. We are justified in the pride we take in being Officers in the 78th Fraser Highlanders.

Attachment A

Annual Subventions: for years 2014 and 2015

Officers

An officer to pay \$175.00 (inductions in October or later will have the subvention applied to the following calendar year's dues). Subventions are due immediately upon receipt of invoice.

- An officer who is retired, 70 years and over to pay \$110.00
- An officer who lives more than 75 km outside Metropolitan Toronto to pay \$100.00
- Lifetime Members, 80 years and over, and others as designated by the Officer Commanding, do not pay subventions

Musket Squad:

Upon acceptance into the Squad, a member will pay an initial subvention of \$50.00.

Miladies

A Milady will pay an initial subvention of \$50.00. There is no annual subvention for the Milady as her fees are included in the Officers annual fees after her ininitial subvention.

Notes

An address – To a Haggis – by Robert Burns

Fair fa' your honest, sonsie face,
Great Chieftain o' the puddin' race!
Aboon them a' ye tak' your place,
 Painch, tripe, or thairm;
Weel are ye wordy o' a grace
 As lang's my airm.

The groanin' trencher there ye fill,
Your hurdies lak a distant hill,
Your pin wad help tae mend a mill
 In time o' need
Whilst through your pores the dewes distil,
 Lak amber bead.

His knife see rustic Labour dight,
An' cut ye' up wi' ready slight,
Trenchin' yer gushin' entrails bright,
 Lak onie ditch;
And then, oh, what a glorious sight,
 Warm-reekin', rich!

Then horn for horn they stretch an' strive,
De'il tak the hindmost, on they drive,
Till a' their weel-swalled kytes, belyve,
 Are bent lak drums;
And auld guidman, maist like tae ryve,
 Bethankit hums.

Is there that o'er his French ragout,
Or olio that would staw a sow,
Or fricassee would mak her spew,
 Wi' perfect scunner,
Looks down wi' sneerin' scornfu' view,
 On sic a dinner?

Poor de'il see him, owre his trash,
As feckless as a withered rash,
His spindle-shank, a gude whip-lash,

His nieve, a nit,
Thru' bluddy flood or field tae dash,
Oh how unfit!

But mark the Rustic, haggis-fed,
The trembling earth resounds his tread,
Clap in his walie nieve a blade,
He'll mak it whistle;
An' legs, an' arms, an' heids will sned,
Lak taps o' thrissle.

Ye Powr's, wha' mak' mankind your care,
An' dish them out their bill o' fare,
Auld Scotland wants nae skinkin' ware,
That jaups in luggies;
But if ye wish her gratefu' prayer
Gi'e her a Haggis!